

2110 Woodridge Drive, Hendersonville, NC 28739

WEEKLY WORD: STAY CONNECTED EDITION

APRIL 7—APRIL 11

NEWS

BE KIND TO EACH OTHER

HOUSE MEETING

UPCOMING SOCIALS

Abigail's social will be **April 19th**. Thrift store shopping and Baker's Box.

Adam's social is **May 3rd**. Details TBD.

UPCOMING CLOSURES

Thurs April 17th at 2pm

Thurs April 24th at 1pm

Only get 2 snacks per snack bar shift and 1 of each type of snack (i.e. 1 cheese stick) per day. We have been running through our snack supplies fast and want to reduce the strain on our budget as well as make our purchases last longer.

Stay out of the kitchen area when people are making lunch/ serving lunch or snack. Come up to the counter if you need something instead of coming into the kitchen or blocking the door.

Volunteers from Hendersonville Family Dental will come to fix up the garden beds on the Day of Caring Friday May 9th. There is a sign up sheet on the social board if you're interested in helping out. There is also a list started for suggestions of things to plant in the garden. Feel free to add! Volunteers from Upward Christian Fellowship will do a deep clean Sat May 17th.

Members discussed bringing back the rule of no borrowing, bumming, or buying things for people. As long as people are respecting other's restrictive diets, it appears we do not need a change. If you have an opinion let staff know.

WELLNESS TIPS FROM MEMBERS:

"Take care of your pets."

"Make sure your goals are done."

"Have fun."

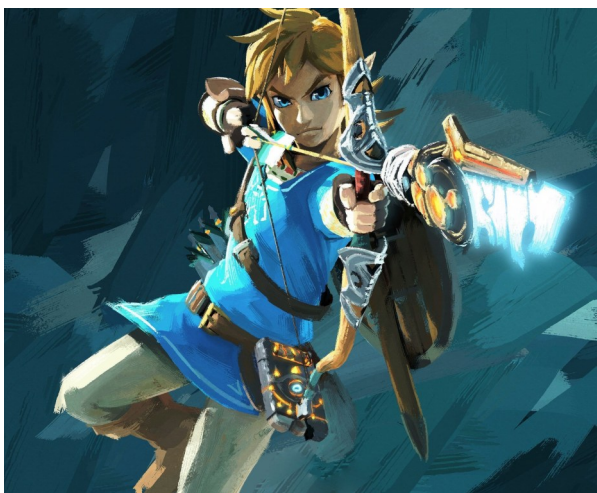
"Be yourself."

"Drink more water."

"Exercise for 10 minutes a day."

"Practice self care."

THRIVE CAFÉ: MENU



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| Monday | Hamburger Helper and Italian Green Beans |
| Tuesday | Picnic Lunch: Sub Sandwiches and Chips |
| Wednesday | Sweet Potato Soup with Cornbread |
| Thursday | Waldorf Salad |
| Friday | Crustless Veggie Quiche with Side Salad |

Ocarina Of Time

S W A R O Z A H G J O Y E B M M B D Z T B A F J
 S H E I K Q I G E A V O R N I W T F O M A L O N
 A X Y Q C S R G R G O Z S O T U R H R V K S O T
 D H M I D O A K U E O J D P C V W A H N H L U D
 L J W H A T S K D C M O O D Z X U I I E A X U G
 E N B N E R C S O O K L O T E R C L R K H R J O
 Z R O H G A B R C W L S W Z U W K O E W A S M L
 K P Y P V E C E L A I N T F E R O H W N E B K D
 E X Q J S H U N F E N I S L A F Y M I G C O V S
 K X M J E F G I K J K X O D T L B A K U R B D K
 F R O D N O N A G H W K L I I Y O O B A O B N U
 W V M R O E Q T L O O V M A H G N C B K F B A L
 Z Z V W T C C N B R N E Y I I E G A U C I O H L
 B N R F S E Z O P A U K E D G A O R R V R T D T
 W L F B L I T C U B M H V S E Q B I O B T K A U
 Z Z E V A P O T J O J I W L K B O N O N K U E L
 O Q E O U S H R C T V I I N A O N A B C O Z D A
 A C R L T R S A Z T V E U R A O G O A M M R R X
 B Y T V I U G E V L W Z C U S M O F N V U K O O
 G N U A R P N H U E T F M M U E L T I M D O J G
 T K K G I E O N M H Y L I A N R C I M O H K P H
 J M E I P E L Z O M P X A M V A P M P S W I Y S
 O A D A S S U O S M F J H A P N N E A G Q R M J
 D O R V G N T K U B S A O Q D G A Y W J N I E H

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| HEART CONTAINERS | OCARINA OF TIME | SPIRITUALSTONES | GOLD SKULLTULA | PIECE OF HEART |
| HERO OF TIME | BONGO BONGO | LAKE HYLIA | LOST WOODS | BOOMERANG |
| DARK LINK | DEAD HAND | DEKU TREE | GANONDORF | LONGSHOT |
| TRIFORCE | TWINROVA | VOLVAGIA | DURANIA | NABOORU |
| BOTTLE | GERUDO | HYLIAN | KOKIRI | RUPEES |
| EPONA | GORON | MALON | RAURU | SARIA |
| SHEIK | ZELDA | DEKU | IMPA | LINK |
| MIDO | RUTO | ZORA | BOW | |