

# WEEKLY WORD: STAY CONNECTED EDITION

APRIL 28—MAY 2

## NEWS

BE KIND TO EACH OTHER

### HOUSE MEETING

#### UPCOMING SOCIALS

Adam's social is **May 3rd** to Biltmore Park and French Fryz.

Ali's social is **May 17th** to Minigolf and Dario's.

Adam's Memorial Day social is Mon **May 26th** to the Blue Ridge Mall and Binion's.

The county donated the clubhouse building to Thrive! We are looking at ways to improve this building or build another building. This is a long-term plan and will probably span 3-5 years.

If you have snack or lunch on your table, finish this before you get afternoon snack. If you pack it up to take it home, that is acceptable. If you throw it away, you will not be sold more snacks. We would like to reduce food waste.

Van rules: Do not eat on the vans. If you make a mess, you clean it up. Do not get out of the vans without communicating with staff.

Do not congregate in the center office unless working one-on-one with staff or getting change/using the member bank.

Volunteers from Hendersonville Family Dental on the Day of Caring Friday May 9th are fixing up the garden beds. If you want to help, sign up on the social board.

Volunteers from Upward Christian Fellowship will do a deep clean Sat May 17th.

#### WELLNESS TIPS FROM MEMBERS:

"Rest your brain."

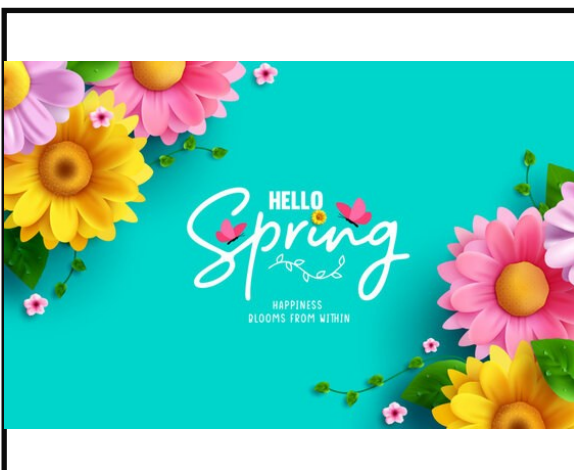
"Get plenty of exercise always."

"Get plenty of rest."

#### UPCOMING CLOSURES

**May 26th Memorial Day**

### THRIVE CAFÉ: MENU



<b>Monday</b>	Pesto Pasta Salad
<b>Tuesday</b>	Breakfast Hashbrown Casserole
<b>Wednesday</b>	Veggie Fried Rice
<b>Thursday</b>	Zuppa Toscano
<b>Friday</b>	Open Faced Tuna Melts



# Spring Word Search



BLOSSOM

BLOOM

FLOWERS

RAIN

SHOWERS

EASTER

SPRING BREAK

GRASS

HATCH

BIRDS

SUNSHINE

SEASON

MARCH

APRIL

MAY

N L M O R D Y S M B M O O L B

N I A R M E L E S E E A W O G

U O Y E L O S E A S O N M S S

L M L I O D N E K L A Y R P H

H C T A H I N G Q L D B R K U

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Y A O I K D O O H R E H O H E

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X L R O V Z R C O J B R I N O

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B L O S S O M C B J W B M O B