Main #: 489-3891 Crisis Line: 388-3691



https://thrive4health.org/media/blog/

## WEEKLY WORD: STAY CONNECTED EDITION

**NEWS** 

| Apr | IL 21– | -April | L 25 |
|-----|--------|--------|------|
|     |        |        |      |

**BE KIND TO EACH OTHER** 

| HOUSE MEETING   |  |  |  |  |
|---|--|--|--|--|
| UPCOMING<br>SOCIALS   | The county donated the clubhouse building to<br>Thrive! We are looking at ways to improve this<br>building or build another building. This is a long-<br>term plan and will probably span 3-5 years.       | WELLNESS<br>TIPS FROM<br>MEMBERS:                  |  |  |
| is <b>May 3rd</b> to<br>Biltmore Park<br>and French<br>Fryz.                | Sam's trip will be the 2nd and 4th Friday.   | "Take care of pets."                               |  |  |
|   | Alternative lunches: Soup price is increasing to 2.00. We will also be adding Ramen for 1.00.  | "Try new<br>food."                                 |  |  |
| Ali's social is<br><b>May 17th.</b><br>Details TBD.                         | Reminder you can only get 2 snacks per snack<br>bar shift and 1 of each type of snack (i.e. 1<br>cheese stick) per day.  | "Volunteer and<br>help people."                    |  |  |
| Adam's<br>Memorial Day<br>social is Mon<br><b>May 26th.</b><br>Details TBD. | Van rules: Don't eat on the vans. Don't get out of the vans without communicating with staff.  | "Stay out of the rain."                            |  |  |
|   | Do not congregate in the center office unless<br>working one-on-one with staff or getting change/<br>using the member bank.  |  |  |  |
|   | Volunteers from Hendersonville Family Dental<br>on the Day of Caring Friday May 9th are fixing<br>up the garden beds. Volunteers from Upward<br>Christian Fellowship will do a deep clean Sat<br>May 17th. | UPCOMING<br>CLOSURES<br>Thurs April<br>24th at 1pm |  |  |



## THRIVE CAFÉ: MENU

| Monday    | Octodogs and Mac and Cheese   |  |  |
|-----------|-------------------------------|--|--|
| Tuesday   | Spanakopita w/ Greek Salad    |  |  |
| Wednesday | Potato-Cauliflower Soup       |  |  |
| Thursday  | Beef Stroganoff w/ Side Salad |  |  |
| Friday    | Split Pea Soup                |  |  |

## Daffodil Word Search

PMAAF DΑ LYCHECKE RMAY G M I Ι J AZAOOHE LWTAL IQNQOTGH Т Ι R Ρ S P O IGHTI κк Ν В R I E Т Ι ΤL Ν Q κw Ν S S S D Т s Α А υ W S R U D V Ν Н J WΥ Т L Ι Х Е С U Ν S 0 Κ I Е R А L U Ι М 0 Ν Е Т Υ Ρ А Ν В F L Е L В В J Е R W Ρ S J Ι L D ΡV 0 U н В А Α Ζ F F 0 J 0 URB Х D ĸ ΙH J Е Е MWN D V L G Ν Е Х А F А С D М QORST А н V Υ В Ο Ν S 0 Т R S О ΥD K Ι Ζ FVΕ ΤА I О РС Х R Α Ζ н Е Х W ткмнм R Ν POR GAFQOH Ρ I MMN G A S 0 S Т F S Y S Е ΜL М Ζ А Х Ι JО Ο D F R L н E Ν Ρ V Е w D м Ο R ΕWΗ Ν 0 Ν G тw G Т В 0 W D Κ R R Т 0 Т С S R L Ι Х А н Н Μ С С S U V Е Υ Q O P Е Е G R В V S W L Х Ν О F А Α 0 υ Ζ G L Α s S F A C S J Х Υ J G Κ Ι С S L Е мми Е Е Е Ι Е о с SRC тwv ХWQТ Ν D U J А н J L А Κ M ARRCZ FKR DQ Р Т С wοv Ρ В J Ν F н А Ρ ICKZIQCAMU РКМ 0 Υ PKRS Е S D Ζ F ΒΖΕ Ν А ΖV RΜ S KQLXC РҮН F С s Т Х κ F МИQТ Ι VΟ хν I F R Ζ Е ΟΝ F хυ М Ν н Ι ΥТ G ΙE J DΕ QUASY С NMGUQG Е В Ρ Ρ NQWY LYNQAC L SΖ Κ D R L J QN S V L х AAEQVUN KGEOPRF КDIOO В J D U M S V R B T R R N I A T P A C N A V XMVRECF

| Compatibility | Daily checker | Survey Monkey | Appointments |
|---------------|---------------|---------------|--------------|
| Electrician   | Van captain   | Spot light    | Christine    |
| Customers     | Daffodil      | Desmond       | Fitter       |
| George        | Jackie        | Joanna        | Kieran       |
| Lumens        | Shifts        | Tracey        | Azari        |
| Bulb          | Jill          | John          | Tali         |
| LED           |               |               |              |