| Main #: 489-3891      |  |
|-----------------------|--|
| Crisis Line: 388-3691 |  |

https://thrive4health.org/media/blog/



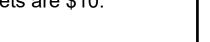
<u>clubhouse</u>

**FEB 24 – FEB28** 

the

## **NEWS** HOUSE MEETING

| UPCOMING<br>SOCIALS                                      |   | WELLNESS<br>TIPS FROM                             |
|--|---|---|
| Adam's social  | Maggie will have a wedding celebration for the clubhouse on Thurs <b>Feb 27th.</b> It will be a Chick   | MEMBERS:  |
| is Sat <b>March</b><br>8th to the Blue<br>Ridge Mall and | -Fil-A and Smores party! Sign up on the social<br>board so we have an accurate headcount of<br>how much food to get!  | "Hang out with<br>family."                        |
| chose-your-<br>own-adventure<br>-meal at Laurel          | Pauline will have a St. Patrick's Day party on<br>Monday <b>March 17th</b> .  | "Hang out with friends."                          |
| Park Village<br>Shopping<br>center.                      | Wait for staff to be ready to leave for the route<br>or a social outing instead of going and standing<br>in the parking lot.  | "Hang out with pets."                             |
| Next social<br><b>March 22nd</b> .<br>Details TBD.       | We have been chosen to be a beneficiary of<br>the film <i>No Address.</i> The film depicts the<br>human side of homelessness and how<br>homelessness could happen to anyone. 50% of | "Take a walk<br>outside for<br>fresh air."        |
|  | the net profits from the film will be going to<br>nonprofits who are doing work to address<br>homelessness. There is a showing at Flat Rock   | UPCOMING<br>CLOSURES                              |
|  | Cinema in Flat Rock Square <b>Thursday, Feb 27</b><br>at 6:30pm. Tickets are \$10.  | Closed at 2pm<br>on Thursday<br><b>March 13th</b> |





## THRIVE CAFÉ: MENU

| Monday    | Sausage, Potato, and Kale Soup                       |
|-----------|--|
| Tuesday   | Sweet Potato Waffles                                 |
| Wednesday | Chicken Mole Over Mexican<br>Rice                    |
| Thursday  | CHICK FIL A PARTY                                    |
| Friday    | Jumbo Pigs in a blanket w/ Side<br>of Mac and Cheese |

Name: \_

Date: \_\_\_\_\_

## Spring

| painted lady | p      | R  | т   | U      | 0   | F        | 80     | Ν        | 0  | P      | G  | J             | Q  | \$     | 5      | l, | W   | ۷  | z  | Q      | т  | м       | Q      | N      |
|--------------|--------|----|-----|--------|-----|----------|--------|----------|----|--------|----|---------------|----|--------|--------|----|-----|----|----|--------|----|---------|--------|--------|
| daffolils    | N      | ¢  | A   | ¢      | 0   | 0        | N      | 8        | F  | ¢      | R  | K,            | F  | 5      | м      | м  | н   | P  | F  | К      | L. | ¢       | 5      | D      |
|              | 0      | 9  | 1   | 9      | W.  | 19<br>10 | 0      | ж.<br>ж. | 2  | 0      | 5  | 2             | 2  | D      | R      | 0  | Q   | Ε. | D  | w      | K  | 8       | 5      | Y      |
| butterfly    | G      | *  | U.  | ć      | H   | 1        | 1      | 8        | ò. | N      | N  | ŝ.            | 8  | M.     | w      | E  | Y Y | ŝ  | 0  | 5      | D. | x       | i.     | j.     |
| sunshine     | L      | D  | н   | Ĵ      | 0   | Å.       | Ŷ      | z        | R  | N      | Y  | N             | Q  | 0      | 0      | Q. | A   | ć  | L. | z      | R  | T       | 0      | 0      |
| picnics      | Y      | ¢  | н   | A      |     | R        | ε      | с        | L, | U      | х  | Т             | F  | Т      | R      | ٧  | м   | F  | ¢  | L,     | G  | К       | ٢      | A      |
|              | Т      | A  | К   | В      | Y   | с        | U      | z        | н  | 5      | M  | ε             | х  | н      | 5      | p  | ε   | 5  | 6  | н      | R  | ۷       | ۴      | х      |
| peacock      | X<br>Y | 1  | K   | M.     | 5   | ¢.       | 5      | 1        | 5  | 0      | R  | D             | U  | E      | P      | R  | R   | Q  | R  | K      | 0  |         | A      | 5      |
| Monarch      |        | D. | à.  | Ť      |     | 8        |        | N        | E. | N      | w  | A.            | A. | 1      | i.     | ÷  | X   | 3  | 5  | Y      | 1  | R.<br>Z | in in  | 2      |
| blossom      | c      | ε  | v   | н      | м   | ī.       | Y      | ĸ        | Q  | K.     | к  | þ             | ĸ  | w      | Ū.     | U. | ī   | ĸ  | ŝ  | p      | н  | T       | ε      | м      |
|              | н      | м  | С   | U      | ε   | ε        | ж      | ٣        | J  | 6      | J  | Y             | A  | х      | т      | w  | 1   | н  | С  | R      | A  | N       | 0      | м      |
| flowers      | G      | 1  | ε   | U      | R   | I.       | К,     | P        | 0  | Н      | F  | 8             | Т  | D      | Ν      | I. | W   | T  | U  | 3      | н  | F       | G      | R      |
| lilacs       | 0<br>N | H  |     | H      | Q . | 0        | 2<br>  | н        | w  | 5      | X  | J             | Q  | R      | Q      | z  | 9   | ĸ  | Y  | 8      | 6  | P       | 6      | D      |
| tulips       | J      | N  | i.  | j.     | U.  | D.       | Q      | 5        | 5  | X      | R  | L.            | 1  | i.     | z      | b  | Q.  | ĉ  | P  | ×.     | M. | ċ       | U      | T      |
| Mother       | С      | U  | L.  | н      | Q   | N        | G      | н        | L. | х      | н  | L.            | Т  | N      | н      | v  | \$  | Y  | U  | p      | W  | N       | U      | в      |
|              | Т      | 5  | Н   | A      | A   | A        | U      | м        | U  | L.     | I  | ٧             | ε  | 6      | 0      | N  | ¢   | К  | м  | 0      | Q  | I.      | z      | н      |
| summer       | L      | F  | N   | M.     | w   | F        | 8      | 0        | Ţ  | Ţ      | 8  | 8             | F  | 5      | Y      | 8  | 6   | R  | Q  | 5      | X  | c       | 1      | z      |
| cacoon       | W      | 2  | N N | z<br>c | Т   | н.<br>ж  | P<br>A | т.<br>1  | ÷. | Q<br>6 | 2  | R.            | н  | o<br>V | A<br>N | A  | N.  | 2  | 1  | K<br>O | 10 | 5 4     | Z<br>O | V<br>M |
| roses        | т      | ĸ  | c   | 0      | с   | A        | ε      | p.       | z  | N      | T  | R             | w  | н      | z      | т  | х   | к  | 5  | I      | 5  | p       | p      | v      |
|              | 0      | P  | P   | 6      | 0   | х        | н      | v.       | ε  | J      | ε  | U             | ٧  | н      | w      | н  | Q   | U  | 0  | 8      | W  | С       | 8      | 6      |
| cloud        |        |    |     |        |     |          |        |          |    |        |    |               |    |        |        |    |     |    |    |        | h. |         |        |        |
| worms        |        |    |     | 1      | E   | 7        | 1      |          |    |        |    |               |    |        |        |    | Å   | 4  | Ŧ  |        | 5  |         |        |        |
| green        |        |    |     | 1      | 6   | 2        | 5      | 4        |    |        |    |               |    |        | 4      | Þ  | q   | 2  | 5  | đ      | 7  |         |        |        |
| grass        |        |    |     |        | ų   | K        |        | -        | 1  | 7      | 1  | 1             | 1  | 1      | ſ.,    | 1  | _   | _  | 2  | 7      |    |         |        |        |
| wind         |        |    |     |        | 1   | K        |        |          |    | ~      | ~  | Y             | 1  | 2      | _      |    | _   |    | 2  | 7      |    |         |        |        |
| moth         |        |    |     |        |     |          | ł      |          | 7  | -      | 7  |               | ł  | 1      | -      | ¢  |     | ŕ  | 2  |        |    |         |        |        |
| rain         |        |    |     |        |     | 8        | C      | 1        | 2  | 1      | 2  | $\mathcal{I}$ |    | N      | 1      | 2  | 2   | 7  | ٩  |        |    |         |        |        |
| grow         |        |    |     |        |     | Ş        | <      | 7        | 1  | 1      | ]/ |               | )  | Ŋ      | /      | ١  | 1   |    | 9  |        |    |         |        |        |
| May          |        |    |     |        |     |          |        |          | b  | 6      | ľ  |               |    | N      | â      | y  | ý   | 9  |    |        |    |         |        |        |
|              |        |    |     |        |     |          |        |          |    |        |    |               |    |        |        | -  |     |    |    |        |    |         |        |        |