

2110 Woodridge Drive, Hendersonville, NC 28739

# WEEKLY WORD: STAY CONNECTED EDITION

JAN 13—JAN 17

**NEWS**

BE KIND TO EACH OTHER

## HOUSE MEETING

### UPCOMING SOCIALS

Adam's MLK Day social will be on Monday **Jan 20th** to Three Chopt Sandwich Shoppe and Walmart.

Ali's next Saturday Social is on **Jan 25th** to the tea house.

### UPCOMING CLOSURES

**Monday Jan 20th** MLK Day

The clubhouse follows the county buildings in regards to closures and delays, not the schools. If you are wondering if we're open, call our main line at 828-489-3891 and the voicemail will be changed if we are closed.

A big thanks to Grace Lutheran for a donation that will pay for our **Jan 1st** pizza party!

January birthday and celebrations will be Boston Cream Pie on Thursday the 23rd.

Reminder to have appropriate conversation topics with peers. Avoid violent, sexual, or other inflammatory topics.

If you're using the computer, please do not sign into personal accounts on social media.

If you need transportation, please notify staff 3 days in advance. We will not be providing transportation day anymore of unless it is an emergency.

### WELLNESS TIPS FROM MEMBERS:

"Get plenty of sleep."

"Get plenty of exercise."

"Stay away from fast food."

"Do pool exercises."

"Eat healthy food."

## THRIVE CAFÉ: MENU



<b>Monday</b>	Biscuits and Gravy
<b>Tuesday</b>	Veggie Tikka Masala
<b>Wednesday</b>	Hot Dogs and Mac and Cheese
<b>Thursday</b>	Shepards Pie and Mashed Cauliflower
<b>Friday</b>	Soup Lunch



# SUBMARINE SANDWICH

## WORD SEARCH PUZZLE

BACON  
BEEF  
BOLOGNA  
BREAD  
CHEESE  
CHICKEN  
COLD CUTS  
DRESSING  
EGGS  
HAM  
LETTUCE  
MAYO  
MEAT  
MEATBALL  
MUSTARD  
OIL  
OLIVES  
ONION  
OREGANO  
PASTRAMI  
PEPPERS  
PICKLES  
SALAMI  
SALT  
TOMATO  
TUNA  
TURKEY  
VEGETABLES  
VINEGAR

Y	M	T	L	A	S	P	O	T	A	M	O	T	T
S	E	V	I	L	O	U	A	D	N	O	C	A	B
P	A	N	G	O	L	O	B	S	L	R	J	U	R
G	N	I	S	S	E	R	D	X	T	P	R	S	E
S	M	E	S	E	E	H	C	V	E	R	T	V	A
E	E	C	U	T	T	E	L	P	T	U	A	N	D
L	Z	H	A	M	I	V	P	S	C	U	N	M	D
B	Q	G	S	D	E	E	I	D	A	E	N	R	I
A	S	G	P	F	R	A	L	N	K	L	A	A	T
T	G	F	I	S	U	O	T	C	E	T	A	U	R
E	O	E	C	X	C	M	I	B	S	G	R	M	M
G	N	E	K	X	J	H	Z	U	A	K	A	A	I
E	I	B	L	Z	C	J	M	B	E	L	Y	R	T
V	O	F	E	T	A	E	M	Y	E	O	L	I	O
W	N	L	S	L	I	O	R	E	G	A	N	O	T

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.  
Find and circle each word.

