Main #: 489-3891 Crisis Line: 388-3691





DEC 9—DEC 13		<b>NEWS</b>	BE KIND TO EACH OTHER		
HOUSE MEETING					
UPCOMING SOCIALS	Our clubhouse Christmas Party/Anniversary and birthday celebrations will be on Wed <b>Dec</b> <b>18th!</b>			WELLNESS TIPS FROM MEMBERS:	
Maggie's social is on <b>Sat Dec 14th</b> to the Asheville Mall.	We will be <b>closed Dec 25th through Jan 1st</b> for the holidays. We will have social's on Wed <b>Dec 25</b> and Wed <b>Jan 1</b> .		"Drink plenty of water."		
	Pauline's birthday party is planned for Thurs <b>Jan 9th</b> !		"Get exercise walking."		
Maggie's Christmas Day social will be on <b>Wed Dec</b> 25th.	While short staffed, we are planning to cut down any unnecessary transport. Let staff know if you have any questions.		"Get plenty of sleep."		
		o after snack s s and put awa	erving. Clean up ly any food.	UPCOMING CLOSURES	
Ali's New Years Day social will be <b>Wed Jan 1st</b> .	If you want to print something off the computer, please get staff to assist you so we don't accidently use unnecessary amounts of paper.		<b>Thurs Dec</b> <b>19th</b> Closing at 1pm		
	Do not take food or drink out of the kitchen when it is not snack bar. Wait for the appropriate time.		<b>Dec 25 - Jan 1</b> Christmas to New Year		





Monday	Tuna Salad Sandwiches with Coleslaw		
Tuesday	Breakfast Sausage and Cheese Quiche		
Wednesday	Buffalo Chicken Pasta		
Thursday	Taco Soup		
Friday	Black Bean Burger with Zucchini Fries		

RUDOLPH WORD SEAR

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> Dasher Dancer Prancer Vixen Comet Cupid Donner Blitzen Rudolph Red Nose Reindeer Foggy Christmas Eve Santa Sleigh