Main #: 489-3891 Crisis Line: 388-3691





| DEC 9—DEC 13 | | NEWS | BE KIND TO EACH OTHER | | |
|--|--|----------------------------------|---|-----------------------------------|--|
| HOUSE MEETING | | | | | |
| UPCOMING SOCIALS | Our clubhouse Christmas Party/Anniversary and birthday celebrations will be on Wed Dec 18th! | | | WELLNESS TIPS FROM MEMBERS: | |
| Maggie's social is on Sat Dec 14th to the Asheville Mall. | We will be closed Dec 25th through Jan 1st for the holidays. We will have social's on Wed Dec 25 and Wed Jan 1 . | | "Drink plenty of water." | | |
| | Pauline's birthday party is planned for Thurs Jan 9th ! | | "Get exercise walking." | | |
| Maggie's Christmas Day social will be on Wed Dec 25th. | While short staffed, we are planning to cut down any unnecessary transport. Let staff know if you have any questions. | | "Get plenty of sleep." | | |
| | | o after snack s s and put awa | erving. Clean up ly any food. | UPCOMING CLOSURES | |
| Ali's New Years Day social will be Wed Jan 1st . | If you want to print something off the computer, please get staff to assist you so we don't accidently use unnecessary amounts of paper. | | Thurs Dec 19th Closing at 1pm | | |
| | Do not take food or drink out of the kitchen when it is not snack bar. Wait for the appropriate time. | | Dec 25 - Jan 1 Christmas to New Year | | |





| Monday | Tuna Salad Sandwiches with Coleslaw | | |
|-----------|--|--|--|
| Tuesday | Breakfast Sausage and Cheese Quiche | | |
| Wednesday | Buffalo Chicken Pasta | | |
| Thursday | Taco Soup | | |
| Friday | Black Bean Burger with Zucchini Fries | | |

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> Dasher Dancer Prancer Vixen Comet Cupid Donner Blitzen Rudolph Red Nose Reindeer Foggy Christmas Eve Santa Sleigh