Main #: 489-3891 Crisis Line: 388-3691



2110 Woodridge Drive, Hendersonville, NC 28739

WEEKLY WORD: STAY CONNECTED EDITION

OCT 14 - OCT 18

NEWS

BE KIND TO EACH OTHER

HOUSE MEETING

UPCOMING SOCIALS

Maggie and Ali's double social is **Oct 26th** to go to Brevard's Halloweenfest on Main Street. Dress up in a good costume!

UPCOMING CLOSURES

None

Thrive clubhouse is open and resuming operations after hurricane Helene as of Oct 7th.

Lora's fashion show has been rescheduled. A new date TBD.

Bids and Blues has been canceled this year.

The distribution center in Flat Rock has supplies they are providing supplies for organizations. We are collecting a list of supplies members need so we can get them. Please let staff know or write your request on the board in the dining hall.

The World Central Kitchen is providing us free catered hot meals for a majority of this month! Meals that are not eaten by members who are present are packed up and delivered to those who need them.

Follow Thrive on Facebook for updates on resources and volunteer opportunities.

WELLNESS TIPS FROM MEMBERS:

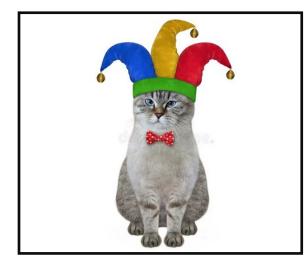
"Get good rest every night."

"Don't eat too much sugar for Halloween."

"Take care of your pets."

"Have fun with your friends."

THRIVE CAFÉ: MENU



Monday	World Central Kitchen Catering
Tuesday	World Central Kitchen Catering
Wednesday	World Central Kitchen Catering
Thursday	World Central Kitchen Catering
Friday	World Central Kitchen Catering

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