Main #: 489-3891 Crisis Line: 388-3691



2110 Woodridge Drive, Hendersonville, NC 28739

WEEKLY WORD: STAY CONNECTED EDITION

August 26—August 30

NEWS

BE KIND TO EACH OTHER

UPCOMING SOCIALS

Adam's Labor Day social will be **September 2** for subs on the Blue Ridge Parkway.

Adam social to the fair on **Sept 7th!** If enough people sign up it could be a double!

HOUSE MEETING Labor Day social is on Monday September 2nd!

Grace Lutheran Picnic is on Thursday

September 5th! Sign up on social board so we have a head count for lunch.

Football Fiesta will be Thursday **September 12th!** Wear your favorite teams gear!

The social to the fair is on Saturday **September 7th!** Sign up on social board now!

Lora's fashion show will be on Friday **October**11th. If you're interested in participating, let

Lora know!

Bids and Blues is on Saturday **October 12th** 5pm-9pm. Let us know if you're interested in attending.

Next First Bank class will be Mid November.

Set boundaries when paying for others. Let them know if you want to be paid back. Don't pay for others if you can't afford it.

WELLNESS TIPS:

Stay active and exercise regularly.

Eat portioned meals.

UPCOMING CLOSURES

Thurs Aug 29th @ 2pm

Mon **Sept 2** Labor Day

Fri Sept 13

Thurs **Sept 26th**

THRIVE CAFÉ: MENU



Monday	Chopped Asian Chicken Salad							
Tuesday	Pesto Turkey Burgers w/ Greek Pasta Salad							
Wednesday	Sesame Chicken Drumsticks w Stir-fried Veggies							
Thursday	Shepherd Pie							
Friday	Eggplant Parmesan w/ Garlic Bread							





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FLOWERS SUN SWIMMING FRISBEE DIVING HUMIDITY JULY ICE CREAM FAN POPSICLE OUTDOORS OCEAN SANDALS JUNE BEACH **GRASS** HEAT

Name:	
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Score: _____

