Main #: 489-3891 Crisis Line: 388-3691



2110 Woodridge Drive, Hendersonville, NC 28739

WEEKLY WORD: STAY CONNECTED EDITION

July 22—July 26

NEWS

BE KIND TO EACH OTHER

HOUSE MEETING

UPCOMING SOCIALS

Ali's social will be **July 27th.** To Daddy D's, main street, and the Blueridge mall.

Adam's social will be **August 10th** to the pool. Vote for where you want to eat when you sign up.

UPCOMING CLOSURES

September 2 Labor Day Monthly scheduled trips: 1st Friday Recycling Center, 2nd Friday Sams/Walmart, 3rd Friday Storehouse, 4th Friday Inner Faith.

Reminder to please give staff 3 days notice if you need transportation into the community and fill out a community support slip.

If you are having any issues with the new Vaya Transportation, please let them know your feedback to help them adjust accordingly.

Information on the social board.

Due to members not utilizing the video room appropriately, we will be closing it's door to member leisure use. Please do not use the video room unless you are actively working on a video.

Do not eat or drink in the back rooms. Do this in the café and dining hall area. Please make sure you clean up after yourselves and bring your dirty dishes and cups back to the bussing station when you are done.

WELLNESS TIPS FROM MEMBERS:

"Count to 10."

"Take 10 deep breaths."

"Use your coping skills."

"Be pumped up like Michael Jackson."

"Listen to music on your boombox."

"Use your imagination."

THRIVE CAFÉ: MENU



Monday	Slow Cooked Portuguese Sandwich with Black Beans
Tuesday	Veggie Chili Cornbread Casserole
Wednesday	Mushroom Fontina Polenta with Fried Eggs
Thursday	Turkey Waldorf Salad with Grilled Pita
Friday	Falafel Bowl with Tahini Dill Dressing

Michael Jackson

Word Search





ABC

Bad

Beat It

Billie Jean

Black or White

Blanket

Bubbles

Dance

Debbie Rowe

Eccentric

Glove

Indiana

Jackson Five

Janet

Joe Jackson

King of Pop

Los Angeles

Man in the Mirror

Moon Walk

Matown

Neverland

Paris

Prince

Thriller

Tragic

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