

WEEKLY WORD: STAY CONNECTED EDITION

APRIL 1—APRIL 5

NEWS

BE KIND TO EACH OTHER

HOUSE MEETING

UPCOMING SOCIALS

Abigail's social will be on **April 6th** to Thrift Stores and Great American Hotdog.

Adam's social will be on **April 20th** to downtown Tryon and pizza.

UPCOMING CLOSURES

**Easter Monday
April 1st**

Do not randomly grab food or drink from the kitchen. There are designated times to get snacks served. If there are extenuating circumstances, make sure you communicate this with staff.

Jose's Looking Good Showcase is **April 4th** at Continuum Art Gallery downtown. *Let Love Brew* is on **May 4th** at Grace Lutheran Church! Both of these events benefit the clubhouse. Come out if you can!

We will be assisting members with getting Real IDs or voting IDs. Sign up on the social board if interested.

First Bank will have an ongoing class once a month on Wednesday at 10:30am. First topic will be on identify theft. Information on the social board.

The new video equipment, refrigerators, and art supplies are in the process of being ordered! The new computer will hopefully arrive soon.

WELLNESS TIPS FROM MEMBERS:

"Do 10 jumping jacks."

"It's okay to relax but to not do it all the time."

"Watch TV in moderation."

"Drink a lot of water."

"Singing/music helps you calm down so you're not frustrated."

THRIVE CAFÉ: MENU



Monday	CLOSED
Tuesday	Sweet Smokey White Bean Soup
Wednesday	Egg and Sausage Burritos
Thursday	Butternut Squash and Couscous Bowls
Friday	French Toast Casserole

SPRING



sun



umbrella



rain



rainbow



flowers



butterfly

S	N	A	I	L	A	O	F	L	B	E
I	H	R	A	I	N	H	L	H	E	Y
G	R	A	S	S	O	E	O	L	S	J
R	A	I	N	B	O	W	W	O	R	M
H	I	N	U	M	B	R	E	L	L	A
Q	N	B	U	T	T	E	R	F	L	Y
A	C	O	E	E	S	F	S	U	N	U
W	O	O	I	E	R	A	B	B	I	T
C	A	T	E	R	P	I	L	L	A	R
O	T	S	L	A	D	Y	B	U	G	R
N	J	C	H	I	C	K	T	I	N	Z



chick



grass



rabbit



caterpillar



snail



ladybug



bee



raincoat



rain boots



worm