



We had so much fun at both the Grace Lutheran and in-house holiday parties for the Clubhouse! Thank you so much to everyone who worked to make these events happen. Your support means so much to us and our Clubhouse members!



thrive

moving people from surviving to thriving

Feb March April
Quarterly Newsletter
2024

Is it teatime already?!
2024 may have just begun, but here at Thrive we're already looking forward to spring! Let Love Brew, our annual afternoon tea fundraiser, will be held on Saturday, May 4th at Grace Lutheran Church. Mark your calendars and stay tuned for emails and social media posts as we finalize the details!



Sponsored by



GOOD NEWS FROM thrive

DeShae's Story

DeShae was working and living in Rutherford County with her five children. She was laid off from her job, and things went downhill quickly. DeShae says her mental health was suffering, and she wasn't getting treated. She ended up losing her license, which made it impossible to keep a job, and eventually led to loss of housing. DeShae had trouble keeping childcare because she had no address, and no childcare made it impossible to work. These factors piled on top of each other making DeShae's situation harder and harder to overcome.

Thankfully, DeShae contacted Thrive and was accepted into the Housing Case Management Program. Even with the help of her Case Manager at Thrive, DeShae still couldn't find adequate housing in Rutherford County; she and her Case Manager searched for months without success.

Many don't realize that Thrive receives federal housing funds which restrict the rent amount Thrive can pay. The Fair Market Rate (FMR) is the maximum amount Thrive can pay and it varies by county. The FMR was approximately \$800 a month in Rutherford County for rent

and utilities for the size of home DeShae and her children needed. At that time, units were renting in Rutherford for \$1,800-\$2,900 a month! After nearly six months of DeShae living in her car and finding nothing, her Case Manager convinced her to move to Henderson County. While housing is not more affordable there, the FMR is higher in Henderson.

DeShae and her Case Manager found a place in Henderson County, but the move was not simple. DeShae's entire support system is in Rutherford County, so her Case Manager has had to serve as her new support system. For example, since DeShae has a mental illness, she works with the ACT Team in Rutherford County – this is a group of agency providers who work together to make sure that DeShae is getting the healthcare she needs to stay healthy. The ACT Team in Henderson County has a waitlist, so DeShae will have to wait a few months before she can receive this service.

DeShae's Case Manager works hard to support her; she helped her move into housing and Thrive provided furniture and housing supplies. Thrive helped DeShae connect to supports and resources in Henderson County, helped her enroll her children in school, and get set up with the Salvation Army Kicks for Kids program so they could get new shoes and school supplies.

DeShae says she doesn't know what she would do without Thrive. She says her Case Manager has helped her in a million ways to get everything she needs to be successful. If there is something she needs that her Case Manager doesn't know about, she will find the answer. DeShae couldn't afford a phone or Internet, so she relied on her Case Manager to get everything she needed, and she says she always came through. DeShae says about her Case Manager, "She is like an angel for us. She truly makes me believe that God exists."

We're Hiring!

Thrive is currently looking for a new Clubhouse Generalist. Head on over to our website to read the full job description and apply today!

UNC
HEALTH®
Pardee

In December, the Department of Housing and Urban Development (HUD) released its data collected for the 2023 Point in Time (PIT) count. The PIT count is a count of sheltered and unsheltered individuals experiencing homelessness on a single night in January. According to the data, homelessness in the regions we serve has increased by about 40%. If you're interested in learning more about HUD or the PIT count, visit www.nccch.org/datacenter/pitdata



CC
graphic
design llc
Hendersonville
Printing
Company llc

A CHILLING REALITY

As winter's chill sets in, it's crucial to remember our neighbors facing housing instability. Did you know that when the temperature drops, the calls for help we receive at Thrive increase by about 50%? You can make a real difference by donating housing supplies or contributing to rental and utility assistance. Every small act of kindness counts.

Can't donate now? Become a Thrive advocate in the community! Simply spreading the word about our mission works wonders in helping those in need. Your voice can be the catalyst for change. Let's stand together, support one another, and make a positive impact in the lives of our neighbors facing challenges this winter.

Have you ever had a dream?

Maybe you dreamed of getting that big promotion, traveling to a new country, or publishing a book!

For many of our clients, their big dream is one thing: **stability**.

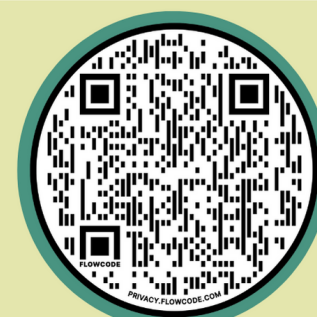
Here at Thrive, we work hard to bring that stability through our programs, but we can't do it alone.

For **\$1 a day** (\$30 a month), you can provide a meal for the entire Clubhouse. For **\$2 a day** (\$60 a month), you can pay the application fee for a family moving out of homelessness.

To you it's **less than the price of a coffee a day**. To them it's a dream come true.

Be a protagonist of change.

**Become a
DreamBuilder today!**



Scan the QR Code to make a donation and just check the box to make it a recurring donation!

STRATEGIC PLAN 2024 - 2026

To view our 2024-2026 Strategic Plan, visit bit.ly/ThriveStrategicPlan or scan the code



After months of collaboration, we are delighted to share our newly unveiled Strategic Plan! This blueprint will serve as a dynamic roadmap for the future of Thrive, outlining our mission-driven goals and how we will go about achieving them. Thank you to everyone in our community who helped to shape this plan, offering insights and guidance.

