## WEEKLY WORD: STAY CONNECTED EDITION

FEBRUARY 19—FEBRUARY 23

### **NEWS**

BE KIND TO EACH OTHER

#### HOUSE MEETING

## UPCOMING SOCIALS

Abigail's social will be to downtown Hendersonville (Hendersonville Mall if weather is bad)

#### February 24th!

Adam's social is to the Asheville Outlets on **March 9th!** When you sign up, vote for your food choice.

## UPCOMING CLOSURES

President's Day on Monday February 19th

We have had a few interviews for the open Clubhouse Generalist position. We will keep everyone posted about hot seat dates!

The budgeting class was moved to Wednesday **February 21st** at 10:30 AMI

We made a thank you video for doners. It can be viewed on our Facebook!

Weekly house meetings will move to Tuesday mornings at 10:30 after snack bar to increase attendance.

St. Patrick's Day and March birthday/anniversary celebrations will be the Friday before on **March** 15th!

#### WELLNESS TIPS FROM MEMBERS

"Be well. Be safe. Be happy. And stuff."

"Stay away from conflict."

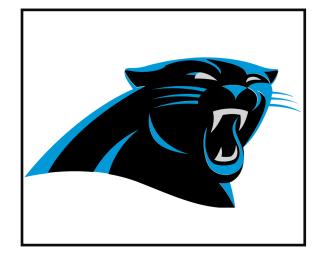
"Socialize. Talk on the phone with friends."

"Exercise Everyday."

"Go to bed early."

"Take a walk."

### THRIVE CAFÉ: MENU



Monday	CLOSED
Tuesday	Cauliflower Shepherd's Pie
Wednesday	Cheesesteaks
Thursday	Tuna Noodle Casserole
Friday	Pizza Quesadillas

Name: Date:
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# Carolina Panthers

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