

WEEKLY WORD: STAY CONNECTED EDITION

JAN 29 – FEB 2 2024

NEWS

BE KIND TO EACH OTHER

HOUSE MEETING

UPCOMING SOCIALS

Adam and Maggie's double social to Arden shopping and Culvers
January 27!

Maggie's social is coming up on
February 10th!

Abigail's social will be **February 24th!**

UPCOMING CLOSURES

February 19th
President's Day

January birthday and anniversary celebrations on **Thursday January 25th!** We will have chocolate fudge.

Limited transportation until we get another clubhouse staff member. We can still take people to doctor's appointments but nonessential transportation will be limited.

Wednesday February 14th volunteers from the credit union are coming to teach classes on finances and budgeting. Let us know if you are interested in learning how to manage money!

We're planning to make a Thank You video for donors. If you're interested in participating, let us know!

WELLNESS TIPS FROM MEMBERS

Stay away from fast food as much as you can.

Drink plenty of water.

Get plenty of exercise.

Ride a bike daily! If you don't have one, we have a stationary one at the clubhouse!

THRIVE CAFÉ: MENU

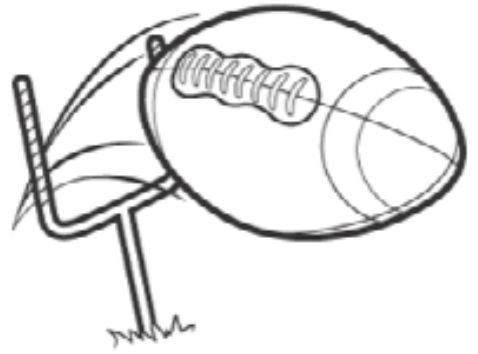


Monday	White Bean Chicken Chili
Tuesday	Spaghetti and Turkey Meatballs
Wednesday	Chicago Dogs
Thursday	Pesto Chicken & Cauliflower Casserole
Friday	Hollywood Cheeseburgers

Name: _____

Date: _____

Super Bowl Word Search



C E V T R O P H Y O E T F S E T R M H P E T
H K P P I F Y S C T N N I F A E I G I B Z I
O B J L N T E A M S N L R P N V G C B L H O
C H T A T P V Q S I I I S A S O S T K U K U
H F U Y E R M I Q U A R T E R B A C K E N Q
E U H E R E D W N F U Z D T O F X S S S T Y
E M A R C G I W I C X C O V V U R R U V L S
R B L S E A C N C H E P W B R F E M P B K S
L L F O P M W V A E S L N O J U E Q E E K M
E E T T T E F I E L D G O A L D C Z R X I T
A N I O I D Q Y S W U R D M R O E Q B N C A
D L M U O P I S T H H A H D B F R I O J K C
E L E C N K B X A S A H W S T A K S W X O K
R J S H I W Z R D U N F L C G W R M L G F L
S E H B A P I T I N D Q X B U D V D C F F E
I T O A L F A J U D O C O M M E R C I A L S
S U W C U C H S M A F T O U C H D O W N X E
V T S K K Q X S S Y F G R L Q I K W R S M K

FIRST DOWN
VINCE LOMBARDI
TEAMS
HANDOFF
STADIUM
FIELD GOAL

SUNDAY
PREGAME
SUPER BOWL
INTERCEPTION
KICKOFF
TOUCHDOWN

CHEERLEADERS
TACKLE
FUMBLE
PLAYERS
FANS
TICKETS

TOUCHBACK
HALFTIME SHOW
QUARTERBACK
PASS
COMMERCIALS
TROPHY