

WEEKLY WORD: STAY CONNECTED EDITION

JULY 3—JULY 7

NEWS

BE KIND TO EACH OTHER

HOUSE MEETING

UPCOMING SOCIALS

Social 7/1
Maggie's Social is bowling and Monte's Sub Shop

Social 7/4
Abigail's Holiday Social is an In-House Cookout

UPCOMING CLOSURES

7/4
Independence Day

Tonya and Kelly from Yam are hosting yoga classes at the clubhouse on **Tuesday's at 1:30!**

We will be celebrating June Birthdays and Anniversaries on Thursday the 29th. Come join us!

There is a new NAMI support group the has formed. Meetings are held at Hope Coalition on Tuesday Evenings

Chris, Thrive's new Executive Director, will begin work on July 10th.

Lisa Brewer has offered to visit the clubhouse and offer lessons and sessions of guided mediation.

WELLNESS TIPS FROM MEMBERS

"Be kind to one Another!"

"Take a deep breath."

"Watch a good movie."

"Take a walk!"

THRIVE CAFÉ: MENU



Monday	Burgers and Potato Skins
Tuesday	CLOSED
Wednesday	Cashew Chicken
Thursday	Chili-ghetti
Friday	Tune Wrap

Name: _____

Independence Day

G S R E G R U B M A H U I A C U R D M K T O I U
C M D G E L X N O M Y G E X B R X I A B M E C C
S C U I O M L E O F A T S S Z V F O K X C R L O
M W M K L O I J S L S T F N T Y I M H Q A Z Z N
O V D Z G M M P F K Q F Q A H N R R P C Y G B H
R M F V C C A N R R I S W R G P E F K J L O B B
E W D I T R A O O K U W U E A P C E Q T U D D A
S J Q S K C W G P N E U V T R G R P B F J C J R
L V P L I E V E S D X W R E X J A L R I F H X B
Y F E R R M Y E V S Q I C V A T C N O O O S F E
I R E I W K T B R B O W E C C G K T D D H H S Q
S M F M D S N Y P T L R K C N H E T Y W T O N U
A Z O Y C W X S I E E S B G D Y R Y B D R V F E
E N G O G V S C E E S U M M E R S M S W U O F B
W J S E I L F E R I F S H T U L K V O Y O G A U
F J Y A D E C N E D N E P E D N I Q K Z F S X X
R D R V Y S E P I R T S D N A S R A T S E H S Z
R E Z S L M E H T N A L A N O I T A N B K G N Q
W Q I M I Z V R W G Z R O C P T M Z A Q O H G J
B K F X M B D P N M F P T Y O C C L W D G F W U
M K T X A X W V E F R I E N D S L E T J C L C I
F J M V F S Y Q Y L C O O K O U T O B U F W Y J
K S T U N A E P O K I P H Y B U H Q F T T R W I
P J H P H S S O T N O O L L A B R E T A W Q A F

American Flag
CrackerJacks
Fireworks
Hotdogs
Peanuts
Summer

Barbeque
Family
Fourth of July
Independence Day
Smores
Sunsets

Baseball
Firecrackers
Friends
National Anthem
Sparklers
Veterans

Cookout
Fireflies
Hamburgers
Patriotic
Stars and Stripes
Waterballoon Toss