

# GOOD NEWS FROM thrive

*Keith's Story*

Thrive staff would like to share Keith's story with you. He is a client in our Representative Payee Services Program. Keith was unable to work for many years due to a chronic illness. After a long and difficult application process, Keith finally started receiving Disability Income. Because of the long wait, Keith received a large amount of backpay all at once, and unfortunately, some people near and dear to him took advantage of the situation. Keith never wanted to say no to loved ones, but he knew that he should not give away money he needed to live on.

Once Keith became a Thrive client, he could relax and not worry so much about money. His monthly Disability Income checks are direct-deposited into an account that is just for him. Thrive's Representative Payee Services staff member pays all the necessary bills for Keith each month and then works with Keith to come up with a budget for any leftover funds. Keith no longer worries about not having the money to pay rent or forgetting to pay an important bill – the staff takes care of all that for him, and Keith can focus on what's important: taking care of himself and his family.

Keith says one of the best things about his Thrive case manager, Teresa, is that she doesn't just pay the bills for him. She goes out of her way to make sure his needs are always met, like delivering food boxes from local food pantries when money is tight. Teresa even helped Keith find a nice place to stay. Keith is thankful to have someone he can call when he needs help. When I asked Keith what changed the most when he became a Thrive client, he became emotional and had a bit of trouble answering. After a few moments of silence, he took a deep breath and said, "My bills are always paid. That's all that matters." Keith isn't just surviving anymore; he is on his way to thriving.

Thrive has openings in the Representative Payee Services Program! If you know someone like Keith, who may be a good fit for this program, you can download the application from our website, [www.thrive4health.org](http://www.thrive4health.org). If you have any questions about the program, please contact Teresa Drevar at [tdrevar@thrive4health.org](mailto:tdrevar@thrive4health.org).

## Meet Kayla Thrive Staff

Kayla Aisquith is one of our Housing Case Managers at Thrive. Read on to get to know a little more about her!

**Q:** What did you do before you started working at Thrive?

**A:** Before I started working at Thrive, I worked full-time as a front desk receptionist at an urgent care in Miami, Florida. I graduated from Florida International University with a Bachelor's in Social Work in December of 2020



**Q:** Why did you want to work at Thrive?

**A:** I've always wanted to help people experiencing homelessness, and I knew that working at Thrive would be the perfect opportunity to do so.

**Q:** What is your favorite thing about your job here at Thrive?

**A:** My favorite thing about my job as a housing case manager at Thrive is to see clients attain housing. I'm so grateful to have the opportunity to play a part in the process- it's extremely rewarding.

**Q:** What do you like to do in your free time?

**A:** In my free time, I like to go hiking. I feel very lucky to live so close to the mountains!-

02/22/22  
4:00pm-6:00pm

**YOU'RE INVITED!**  
to the Clubhouse Open House  
Come see the space with a whole new look!

2110 Woodridge Drive  
Hendersonville, NC

Limited Space Event - please RSVP to  
[tgruver@thrive4health.org](mailto:tgruver@thrive4health.org) to let us know you are coming.

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# CLUBHOUSE HOLIDAY PARTY!!



*December 2021*

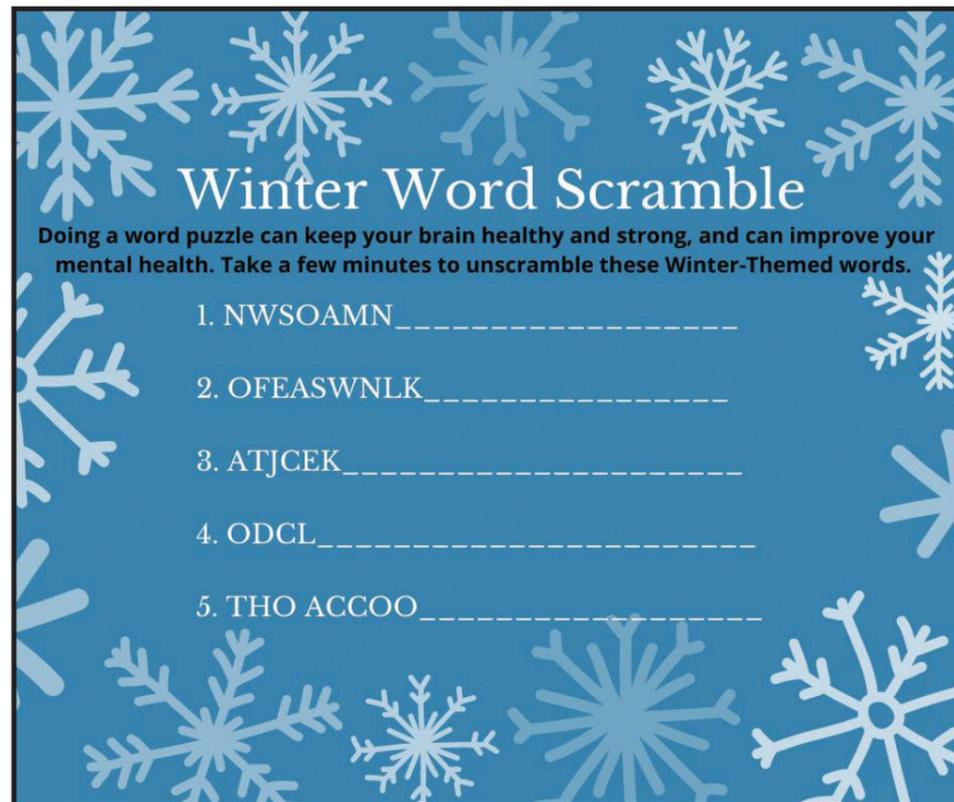
## Volunteers Needed!

You may not know this, but when Thrive staff move a housing client into permanent housing, Thrive actually provides the client with everything they need to set up house. We deliver furniture, cleaning supplies, cookware, linens, and all of the things someone needs when they are moving in.

Think about it – most of our clients have nothing but a backpack and a sleeping bag, so they need lots of help to achieve housing stability!

Here's where we need your help. We need some strong volunteers to help pick up items that are donated to us, like couches and dressers, or dishes and cookware, and take them to storage. We also need volunteers to load and unload these items each time we have a move-in. Right now, we have 3 amazingly dedicated folks who help us with furniture once a week. We could really use some other volunteers for this task, because our housing program has grown exponentially since 2020. If you are interested in helping with this project, please contact our Operations Director, Kristin Dunn, at [kdunn@thrive4health.org](mailto:kdunn@thrive4health.org).

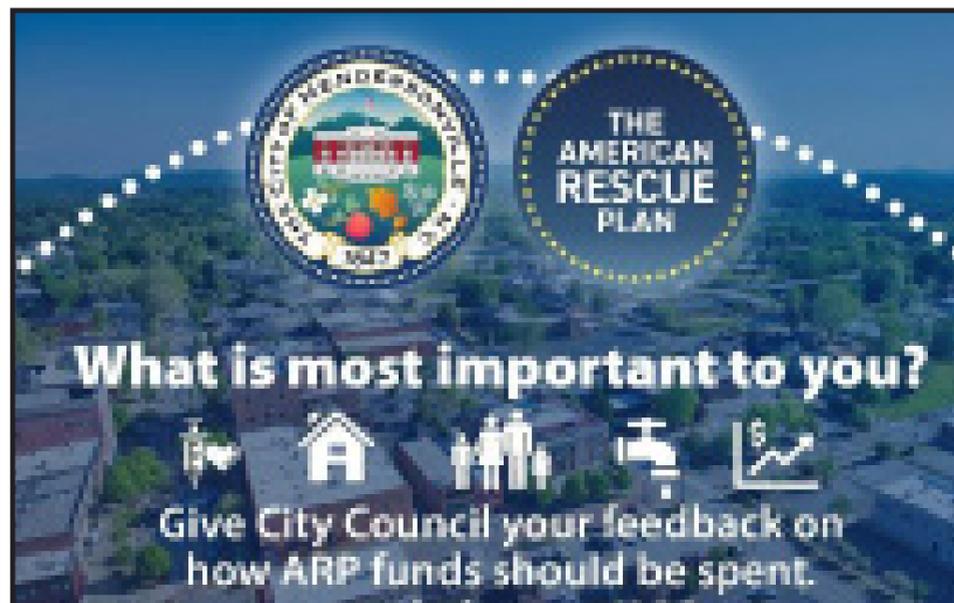
Did you know that puzzles are good for your mental health? Taking the time to sit and work on a puzzle is good exercise for your brain. It's also good for your mental health to zone out and just focus on the art of a puzzle. Take a break this weekend to enjoy a little puzzle time!



### Winter Word Scramble

Doing a word puzzle can keep your brain healthy and strong, and can improve your mental health. Take a few minutes to unscramble these Winter-Themed words.

1. NWSOAMN \_\_\_\_\_
2. OFEASWNLK \_\_\_\_\_
3. ATJCEK \_\_\_\_\_
4. ODCL \_\_\_\_\_
5. THO ACCOO \_\_\_\_\_



### What is most important to you?

Give City Council your feedback on how ARP funds should be spent.

Logos for City of Hendersonville and The American Rescue Plan are visible.

As a Thrive supporter, we know that you care about mental health and housing services in the City of Hendersonville. The City is currently asking for your input about how the \$4 million ARP funding is allocated in our area. Please take the survey and make your voice heard! Note the survey closes on February 11, so take the survey TODAY!



# thrive

moving people from surviving to thriving

February  
March  
April  
Quarterly Newsletter  
2022

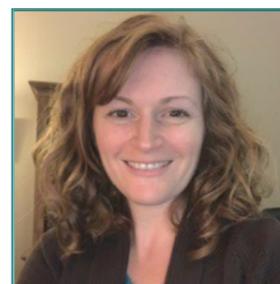
## CLUBHOUSE HOLIDAY PARTY!!



Thank you so much to all of the volunteers at Trinity Presbyterian Church for hosting the annual holiday celebration for our Clubhouse members! It has been such a struggle to host any in-person events since 2020, so Thrive staff are especially thankful that Trinity made it happen for our Clubhouse members in December.



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**Tracey Gruver**  
Development &  
Communications Director

Did you know that Thrive has a monthly giving program called DreamBuilders? This program allows you to give consistently to Thrive and support our programs all year long, while giving at a level that works for your budget. You can choose any amount from as little as \$5.00 a month. Right now, we have 15 Thrive DreamBuilders and we are so thankful to have their support each and every month. Will you help us to reach our goal of 22 DreamBuilders in 2022? Make a donation today on our website [thrive4health.org](http://thrive4health.org) and click the box to make it a Recurring Donation. That's all you have to do to become a DreamBuilder for Thrive!

