

THRIVING



quarterly



Thanks for supporting the Clubhouse in 2020!

As a New Year's activity, Clubhouse staff asked members what they were thankful for from 2020.

Here are some of the answers:

- Friends and Family
- Food, water, shelter, and medical needs being met
- All that medical professionals have done
- Friends at the Clubhouse
- Support from the Clubhouse and my church
- Safely travelling with my family
- My mom, dad, dog, and new home
- Calling the Clubhouse when I was quarantining
- Being able to safely come back to the Clubhouse
- Texting Clubhouse friends

RANDOM ACTS OF KINDNESS WEEK

Random Acts of Kindness Week is happening February 8-13! This is a time for you to get involved in the community in your own way. Do something kind for another and also support a local nonprofit.

The idea behind this week is that you participate and do something kind (like letting someone go in front of you in line at the grocery store, buying coffee for a stranger at the coffee shop, or sending a care package to a loved one who can't get out right now). Each time you do something kind, make a small contribution to the nonprofit of your choice. Maybe you put \$1 in a jar each time and donate that money at the end of the week. However you choose to get involved - let's spread some kindness this month!

RANDOM ACTS OF KINDNESS WEEK
FEBRUARY 8TH-13TH, 2021

How your Business can get involved:

- Hold a coat, can or pet food drive!
- Set out a donation jar so patrons can donate.
- Encourage staff members to complete random acts of kindness. For every act completed, donate a small amount towards your non-profit of your choice.
- Donate your time! Spend a few hours helping your non-profit.

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AFTERNOON TEA, ANYONE?

Thrive will host its annual spring fundraiser, Let Love Brew, as a virtual event for the second year in a row. You can purchase a bag filled with tea, sweet treats, and event information for \$15. If you didn't get a Thrive mug last year, you can buy a bag with a mug for just \$20! You can enjoy your tea at home on your own, or with a loved one. If you want to learn more about Thrive's programs and hear from Tracey and Kristen, you can join us for a live Zoom conversation at 2:00pm or 7:00pm on May 13, 2021. **Purchase your bag now at thrive4health.org.**



Save the Date!

Let Love Brew

a virtual event

May 13, 2021

Live Zooms at 2:00pm and 7:00pm

Purchase a bag filled with tea supplies and join us for afternoon or evening tea and learn about Thrive.

\$15/bag without mug
\$20/bag with mug

All proceeds benefit Thrive's programs to support mental health and housing needs in the community.

OUR NEW OFFICE

Thrive is now officially in the new office space at 218 West Allen, Suite B! We celebrated with a ribbon cutting in December.

It was a very cold day, but we felt the love from all our supporters! Thanks to all who came out to see our new space and have a cup of cocoa with us.



Special thanks to **The Dogwood Health Trust** and **The Community Foundation of Western North Carolina** for funding the move to the new office space!

February 2021



Thanks for supporting Thrive!

We told you in the last newsletter that Sideways planned to donate all tips from November to Thrive, and they really came through with a check for \$2,700 to support Thrive's programs! WOW! Thanks to all who visited Sideways Farm & Brewery and tipped big for Thrive in November.



Mark your calendars now - Sideways will repeat this fundraiser for Thrive in May! Can't wait to see you there!

Thank you to Sideways Farm & Brewery owners, Jon and Carriann Schneider

SPONSORS NEEDED



Thrive has begun planning for our 10th Annual Bids & Blues event in October. If you would like to be a sponsor for the event this year, you can get more information by emailing or calling Tracey Gruver at tgruver@thrive4health.org or 828-231-2548.

We are also collecting items for the silent auction. In the past, our most successful items have been things like 1 or 2 nights at a bed/breakfast, Yeti coolers, gift certificates for services like massages, restaurant gift cards, wine/beer baskets, If you would like to donate any items for the auction, let us know!

Remember if you shop on Amazon, go to smile.amazon.com and put in Thrive as your charity. You can find us under our legal name Sixth Avenue Psychiatric Rehabilitation Partners, inc dba Thrive. Once you link to Thrive, we will receive a donation for every Amazon purchase you make!

Celebrate love

Shop for your valentine at smile.amazon.com, and Amazon donates.

amazonsmile



FRIENDS OF THRIVE

Did you know that Thrive has a special program called Friends of Thrive? This program is for people who want to volunteer and make a difference in the community.

To be considered a Friend of Thrive, all you have to do is volunteer consistently and help out our organization. Some of Thrive's Friends help move furniture for our housing clients, collect hygiene items for the homeless, help us get new landlords for our housing program, volunteer at events, do yardwork at the Clubhouse, or help get Thrive's name out in the community. There are so many volunteer options!

If you'd like to become a Friend of Thrive, email Tracey Gruver at tgruver@thrive4health.org or call 828-231-2548. Tracey will tell you about all the ways you can help!



A FEW HIGHLIGHTS FROM 2020



Clubhouse member, Paula, with our new van courtesy of The Cannon Foundation and Community Foundation of Henderson County



New Clubhouse Staff, Taylor and Hanna, wearing masks and shirts from Big Frog



Volunteer, Fred Nace, sporting his Thrive shirt and helping sell tickets at the 9th Annual Bids & Blues

Did you know?

Thrive's Housing Case Management Program houses people in 4 counties: Henderson, Polk, Rutherford, and Transylvania